

Who We Are

- UOAA is 501(c)(3) nonprofit organization
- Making a positive impact on between 725,000 to 1 million Americans living with an ostomy or continent diversion and the approximately 100,000 people having this surgery annually
- Spreading the word that ostomies SAVE lives



Support

- User and mobile-friendly website - www.ostomy.org
- Toll-free Information line 1-800-826-0826
- Virtual Ostomy Clinic and Outpatient Ostomy Services Locator
- Local peer support at one of our 275+ support groups in the United States
- Social Networking with our Facebook community and Online Discussion Board
- Biennial National Ostomy Conference

Educational Resources

- Living with an Ostomy Video/Brochure
- New Ostomy Patient Guide
- Eating with an Ostomy Nutrition Guide
- Intimacy After Ostomy Surgery Guide
- Skin Care Guide and Webinars
- Ostomy Travel Tips and TSA's Travel Card
- *The Phoenix Magazine*



Advocacy – Awareness Program

- Ostomy and Continent Diversion Patient Bill of Rights
- National advocacy network that takes action on issues that affect the quality of life of all people living with an ostomy or continent diversion in the United States
- National Ostomy Awareness Day and Ostomy 101 Infographic to increase public understanding of “ostomy”
- Self-Advocacy and discrimination toolkits for swimming, advocating, traveling and in the workplace

Our mission is to promote quality of life for people with ostomies and continent diversions through information, support, advocacy and collaboration.
Visit ostomy.org for more information